

system in which social promises are as broken and useless as the people to whom they are made. More than the record of a personal odyssey, Alethea Hunt's diary is a song of protest and affirmation.

—JUDITH GIES

The Letter of the Law

by Katharine A. Davis Roome
Random House, 208 pp., \$8.95

"I'M FRANTIC, we're all frantic, to be best," says Ixias Smith, the second-year law student who narrates this bitter and often funny first novel. Indeed, Ixias and her colleagues are so frantic that they will do nearly anything to avoid the horror of being second best: cheat on everything from examinations to squash court sign-up sheets; sabotage Xerox machines to impede the research of fellow students; and, in the case of Ixias herself, even seduce and blackmail a professor. What for? Ixias puts it succinctly: "Money, power, success, money, the envy of others, money, excitement, challenge, money. Mostly money."

It is hard to imagine that anyone, however avaricious, would want to attend law school after reading this novel. If Ixias is to be believed, law students spend their days pondering such problems as, "A seaman on a Mauritanian raft is unloading shrunken heads in a New York port and is injured.... His lawyer sues the Mauritanian raft owner under the Jones Act in a New York court. Which law would apply?" They spend their evenings in the library stacks, listening to the sound of hi-liters squeaking across thousands of pages. For fun, they hold dances in the law school cafeteria, where they drink cheap liquor at a bar lined with fake law-book bindings and entertain their dance partners with their views on the fact situation in *U.S. v. Wong Sun*. Fortunately, these students attend a thinly disguised version of Cornell, so they have at their disposal for the occasional suicide a conveniently located two-hundred-foot gorge, especially popular at exam time.

The Letter of the Law is clever, energetic, and even nastier than *The Paper Chase* and *One-L*, its predecessors in this ungracious genre. Like its characters, it might benefit from a somewhat less frantic style. Each building is an "edifice"; the school itself, which accepts one out of 25 applicants, is a "nigh impregnable fortress"; people do not just come into view, they appear "at the corner of the most westerly retina." The plot, too, is propelled along its serpentine course with a certain amount of strain. But the venial sin of excessive effort is pardonable, perhaps even inevitable, in a novel of this sort. After all, Katharine A. Davis Roome was once a law student herself.

—ANNE FADIMAN

Now! Personalize Your Liquor Bottles-with Antiqued Pewter Medallions!



These elegant liquor bottle labels are hand-cast in heavy, genuine pewter—then burnished to bring out the rich, velvety patina that only real pewter has.

Each antiqued medallion comes with a generous, six-inch chain, so it slips easily over the neck of any bottle or decanter. Really dresses up any bar!

Plus—each medallion is engraved FREE with your name (or any name you say)—so they make a uniquely thoughtful and personal gift.

Each medallion is only \$4.99... or order the entire set of four for \$15.99 and save! We anticipate unusually heavy demand, so to avoid disappointment, order your set, today.

90-DAY MONEY-BACK GUARANTEE
You MUST be delighted with the beauty and quality of these hand-cast pewter bottle labels or return them anytime within 90 days for prompt refund of purchase price (except shipping and handling.)

mass marketing Assn.
10850 Riverside Dr., Dept. 151-33 N. Hollywood, Ca. 91602

**MASS MARKETING ASSN., Dept. 151-33
10850 Riverside Dr., N. Hollywood, Ca. 91602**

Please RUSH me the Personalized Liquor Bottle Label(s) indicated below:

- _____ Gin Bottle Label(s), #71692
- _____ Scotch Bottle Label(s), #71706
- _____ Bourbon Bottle Label(s), #71714
- _____ Vodka Bottle Label(s), #71722

I am enclosing my check or money order for \$4.99 purchase price, plus 85¢ shipping and handling for each label ordered. SPECIAL: Pay only \$8.99 plus \$1.25 shipping and handling for two, \$15.99 plus \$1.50 for any four, \$30.00 postpaid for any eight.

TOTAL AMOUNT ENCLOSED: \$ _____
CHARGE IT! (Min. charge \$15.00)
 VISA (BankAmericard) Master Charge
 MC Interbank # _____ Exp. Date ____/____/____

Card # _____
Sorry, no C.O.D.'s (Ca. res. please add sales tax.)
Print Name Engraved: _____
(If you are ordering additional sets as gifts, please print names) to be engraved on a separate sheet of paper and enclose with your order.)
Ship to _____
Address _____
City _____
State _____ Zip _____

LIMITED EDITION THE GOLDEN "SUSAN"
First-day-of-issue Susan B. Anthony United States Dollar,
Electroplated with **GENUINE 24-KARAT GOLD!**
YOU'LL RECEIVE:
This handsome album cover bearing a portrait and biography of Susan B. Anthony which protects each folio!
Coin in die-cut mounting for viewing both sides with Portrait and Life Highlights in Steel Engraving technique

To commemorate the first time an American Woman has ever been honored on a U.S. coin, The Westport Mint has obtained a limited supply of the first Susan B. Anthony dollars released on July 2, 1979.

CERTIFIED FIRST DAY OF ISSUE!

Each uncirculated, mint-condition coin honoring the pioneer of Women's Rights, is plated with the enduring bright beauty of real gold — an added value your eyes can easily verify! Each is presented in a special mounting, designed to permit viewing both sides of this historic and beautiful coin, and accompanied by a Certificate of Authenticity certifying to its uniqueness as a first-day-of-issue. Truly a collector's item for every American.

ORDER QUICKLY — PRICE GUARANTEED ONLY 30 DAYS!

Even though the price of gold has risen to record heights, the Westport Mint guarantees to fill orders for this Limited Edition at the offering price of \$5 per coin, for a period of 30 days following the cover date of this publication. Orders will be filled on a first-come, first served basis until the supply is exhausted. So to avoid disappointment, we suggest you mail the order form today!

© 1979 The Westport Mint
60 Wilton Rd., Westport, CT 06880

MAIL NO-RISK COUPON TODAY
THE WESTPORT MINT, Dept. GSA-220
60 Wilton Road, Westport, CT 06880
Please send me _____ Gold-Plated Susan B. Anthony U.S. Dollar(s) with a First-Day-Of-Issue certificate(s) at only \$5 plus 65¢ postage, insurance, handling each.
 SAVE: Order the dollar and certificate with a walnut finished display frame for only \$9.98 — we'll pay postage, insurance, and handling.
Quantity Order Savings: Order 5 "Golden Susans" for only \$22.50 postpaid. Order 10 "Golden Susans" for only \$39.95 postage paid; 25 "Golden Susans" for only \$87.50 postage paid. Keep some, use remainder for unique gifts or tips at holiday time!
If after receiving my order I'm not delighted, I may return it within 14 days and you will refund the full purchase price.
Total amount enclosed \$ _____ CT residents add 7% Sales Tax. Check or money order, no C.O.D.'s please.
Charge it please (for orders over \$10) to: American Express Visa Master Charge (Bank Number _____)
Card No. _____ Expiration Date _____
Name _____
Address _____ Apt. # _____
City _____ State _____ Zip _____

TOOLS FOR LIVING™

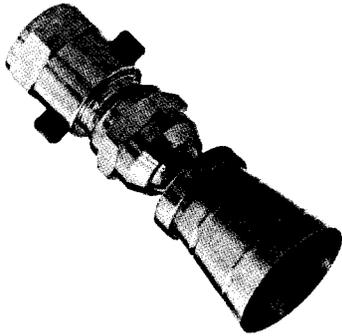
This issue of **Tools for Living** features energy-saving products that pay back their initial investment very quickly. In the course of our research, we also unearthed some energy-saving practices that may be new to you. Here, for free, are simple ways to help save money on energy this winter.

- Keep your radiators clean. Dust and flaking paint impede the flow of heat. If you repaint, flat paint radiates heat better than glossy.
- Roast foods slowly, at 275° or less. This saves cooking fuel, preserves nutrients in the food, and helps heat the house.
- Use bathroom, kitchen and other ventilating fans sparingly. In one hour a small fan can remove a houseful of warmed air.
- If you have oil heat, have a serviceman check to see that the firing rate of the furnace is correct. According to the Department of Energy, a recent survey found that 97% of furnaces checked were overfired. The service call may cost \$25, but a properly tuned burner can save that much or more in fuel.
- Turning your hot water heater from 140° to 120° can save 18%.

SAVINGS IN THE SHOWER

In 1977, Hamilton Township, N.J., had a tough problem. Its sewage treatment plant was operating at full capacity and enlarging it would take at least two years. The only apparent course of action was drastic: to top all building and development for two years until more sewage treatment capacity became available. Then a township official heard about the SaverShower showerhead at a government conference. He and his colleagues tested the showerhead and ended up passing out 30,000 of them free to all residents of the township well, not quite for free, since they were purchased with tax money. Almost immediately,

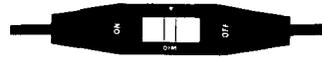
water consumption in the township fell by 25%, reducing the sewage load by a like amount. There was no longer any need to impose a building moratorium. The SaverShower was able to effect this rather dramatic civic rescue because it reduces the flow of the average showerhead from 6 or 8 gpm (gallons per minute) to 2.3 gpm. Of course such a reduction is only a theoretical advantage unless people actually install and use the conservation showerhead. And that's what is so impressive about the Hamilton Township experience—people obviously found their own incentives for using the SaverShower. Two things seemed decisive. First, they still had a shower that felt like a shower. Naturally the force of



the water is not as full with the SaverShower (that's the point, after all), but by aerating and increasing the velocity of the water, it gives a tingly spray that is plenty strong enough to rinse soap out of your hair. Second, they could save an appreciable amount of money. Heating water is the second largest category of home energy use. If you cut water use, you are also cutting the amount of money spent to make water hot. The Department of Energy has figured that reducing shower flow from 8 gpm to 3 gpm will save the average family of four \$150 a year. We contacted the manufacturer in Connecticut and are pleased to offer the SaverShower in the standard model for \$10.25 (two for \$19.00) postpaid (A-75) and in the deluxe model for \$15.50 (two for \$29.00) postpaid (A-76). The deluxe model has a push-button valve for turning off the spray temporarily (while you are soaping, for in-

stance) without losing the hot/cold mix. In addition, we can also supply flow-limiting aerators for use in kitchen and bathroom sinks for \$2.00 each postpaid (A-77). These aerators halve the water flow from a normal 4 gpm to 2 gpm without noticeably affecting efficiency. The manufacturer calculates that these aerators pay for themselves in about 55 minutes of hot water running time.

DIM LIGHTS ARE ECONOMICAL



A reader in Hamel, Minn., has written to acquaint us with the virtues of a product manufactured in his area, a dimmer switch that clips easily onto standard lampcord. Since 16% of all electricity used in homes goes for lighting, and since Americans tend to overlight, there is a clear energy-saving potential here. Attached to a floor or table lamp, the dimmer switch allows you to keep the lamp at low intensity (about half wattage) until you need more light to read, sew or whatever. Essentially the dimmer offers the same advantage as a 3-way bulb (costs about the same, too) except that it doesn't wear out like a bulb will—the manufacturer claims that the dimmer actually extends the life of bulbs. The switch can be installed in about 2 minutes—no wire splicing is necessary. It fits any standard 18-gauge lampcord (90% of UL-approved cords are 18-gauge). We can send you these dimmer units for \$3.25 each postpaid. Please specify white or brown. (A-72)

KEEPING VARIABLE TIMES

Timers are simple and convenient automatic control devices that allow you to regulate the use of lights and small appliances so they are only on at the times when they must be on and off the rest of the time.

They are one of the basic energy saving tools. Say, for example, that your family will be returning from a trip after dark. Do you leave the front porch light on all day (wasting energy and advertising your absence) or do you struggle blindly in the dark on your return to get the key into the door lock?

If you have a timing device, you simply set it for 15 minutes or so before your expected return, and *voila*, when you get home a light is on. Timers offer all sorts of similar conveniences: they can let you go to sleep with the stereo on and no worries about getting up later to turn it off, or they can have coffee waiting in the electric coffeemaker when you get up in the morning, or they can turn on the television to remind you of a program you want to see. Today one of the most

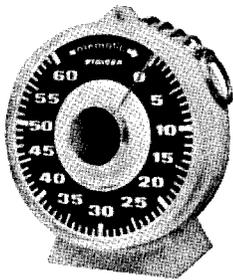


popular timer uses is for home security. There is a burglary every 11 seconds in this country. Since most burglaries occur while owners are away, timers can regulate lights, radios, etc. to make it appear that someone is at home. In looking for a reliable, inexpensive timer to offer, *Tools* has found a General Electric model that plugs directly into an outlet (the light or appliance is then plugged into the timer). What is special about this timer—especially considering the price—is that it is *variable*. It will perform all the standard tasks enumerated above. But for security purposes, when you are using it to turn lights on and off to simulate occupancy, this timer will vary the times somewhat day to day for as long a period as you are gone. The variable timer

unit measures approximately 3" by 4½" and comes in either black or white. Each timer unit will regulate one light or appliance. We can mail these variable timers to you for \$13.50 postpaid. (A-70)

PORTABLE COOK'S TIMER

Cooking by inspection wastes energy. Each time you open the oven door or lift a pot top to check food, heat escapes and consequently you use more gas or electricity replacing it. The Department of Energy, in fact, is recommending the use of kitchen timers as part of its overall energy conservation



program. This 60-minute timer, imported from West Germany, is one of the most attractive we've seen. But its most distinctive feature is its portability. It has a cord for carrying with you (as well as a small removable countertop stand). Since timers are only useful so long as you are there to hear them, and since most of us don't live in the kitchen, the idea is long overdue. The timer is 2½" in diameter, sturdily constructed of white plastic and steel with a transparent plastic faceplate that you dial to the appropriate setting. A reminder: like most timers, you need to turn the dial all the way to 60 minutes before setting it at the time period desired in order to wind the alarm ring fully. We can supply these timers for \$15.00 plus 75¢ postage and handling. (A-71)

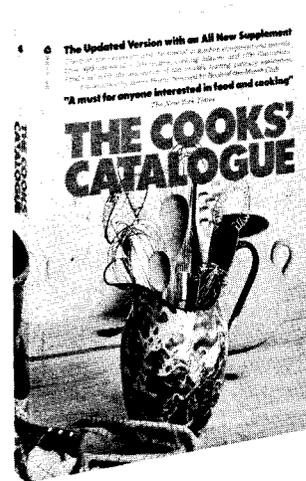
THE INSIDE STORY ON SPONGES

Do you know the main feature distinguishing a natural sponge from a synthetic one? It's not the shape, though it's true that you won't find natural sponges growing on the sea floor in careful geometrical

array. It's not the color, though it's also true that sea sponges don't grow in the vibrant oranges, yellows, and whites preferred by sponge manufacturers. The main difference is that all the pores in a natural sponge connect. In a synthetic sponge, the pores are so many blind alleys leading nowhere. The results of this difference are that a natural sponge can hold much more water, it rinses out much more easily, and it dries much faster. With a cellulose sponge, the dirt tends to collect in the back of the pores, so that you are actually washing with a dirty sponge. With a natural sponge, the dirt and soap rinse out completely. *Tools* has located a supplier of natural sponges harvested in the Florida Keys. We are offering them in two sizes: the small size (5½" diameter) \$5.00 postpaid (A-73) and the extra-large size (9½" diameter) \$13.75 postpaid (A-74). The smaller size is ideal for kitchen or bathroom, the larger for heavy-duty or outdoor uses.

FEAST YOURSELF ON KITCHEN WARE

Frederick the Great made coffee using champagne instead of water and then livened the taste more by stirring in some powdered mustard. That historical tidbit is the merest morsel of an appetizer for a wonderful compilation called *The Cooks' Catalogue*. The main course of this feast of information are reviews (many with pictures) of over 4,000 kitchen utensils, everything from prosaic pots to the world's classiest clear-glass frying pan. Dessert comes in the form of 200 unusual recipes that provide for the properly creative employment of such marvelous hardware. Beautiful tools certainly enhance the pleasure of preparing a meal. They also improve the food's taste and presentability. This book is a treasure-trove of functional, durable, and well-designed kitchen ware from around the world. In it, you can find out why Brazilian rosewood makes the best knife handles. Or get the low-down on parsley choppers, butter curlers, truffle cutters, pie birds, goose-feather brushes, shrimp shellers and



birds' nest makers. Or marvel at the ultimate 118-quart stock pot, \$125 corkscrew, \$550 cheese grater, or \$1,500 charcoal grill. This is not a mail-order catalog, but there is access information for the manufacturers, distributors, and importers who handle the items reviewed. *The Cooks' Catalogue* is edited by James Beard, Milton Glaser, and Burton Wolf. Originally published at \$18, we can send you this 8½" x 11", 570 page softcover edition for \$8.95 plus \$1.30 postage and handling (it weighs almost 3 lbs!) (A-47)

ZIP-ZAP

Here's an item we spotted in *The Cook's Catalogue*, with a description so excellent we've copied it nearly verbatim: This odd-looking little gadget is easily worth many times its weight in conventional shar-

pening steels. The Zip-Zap is made of a special, very hard ceramic that is harder than any knife steel around (and the abrasive effectiveness in sharpening steels lies in the fact they are harder than the knife steel). It is designed so that, held between thumb and forefinger, it will automatically be at the correct angle—20—for sharpening. The motion you use with this device is the same as in traditional sharpening, but you hold the knife stationary and move the Zip-Zap across it diagonally (easier, especially with small knives). It's so convenient you can easily get into the habit of giving a knife a few strokes every time you pick the knife up. You will notice after using the Zip-Zap for a while that grayish steel filings may appear on the surface. Simply go over it with a soapy brush, rinse, and when it dries, it's ready to sharpen like new. \$4.50 postpaid. (A-67)



Send to: TOOLS FOR LIVING c/o Saturday Review Magazine
1290 Avenue of the Americas, New York, N.Y. 10019

item #	qty	description	price
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
total enclosed			_____

check enclosed Visa Master Charge

card # _____ expiration date _____

name _____

address _____

city _____ state _____ zip _____

9/29/79

WHEN THE Waldorf Astoria Hotel opened in New York in 1931, it had a private railroad siding where celebrated guests could arrive in secrecy and comfort. It had an ultra hotel within itself, the Waldorf Towers, which was eventually to be the home of ex-presidents, the U.N. ambassador for the U.S., Cole Porter, and General Douglas MacArthur. Oscar of the Waldorf stood at the head of the Park Avenue stairway on opening day pointing the way to the murals that had been painted by José Maria Sert and to the ballroom that could seat 2,000 at state dinners.

But building grand public rooms and arranging kingly banquets are no longer the caravansary fashion. Today's hotels are built for businessmen, all of whom are secret jocks. The St. Francis Hotel in San Francisco recently printed a flyer including a picture of Victor Hirtzler, arms akimbo, turban on head. He was executive chef at the St. Francis for 20 years, and for all his celebrated finesse, his picture landed below the fold. On top, covering half the page, was the "St. Francis Hotel Fitness Map" outlining a half-mile downtown par course offering "a corporate fitness challenge within the lawns under the freeway." Starting with jumping jacks, the course runs through nine exercises before turning back. For those not yet windied, there is a return to the hotel via California Street to Kearny, uphill all the way in San Francisco Himalaya style. Two other courses are described, along with a detailed map for the hotel jogger.

In Seattle, manager Frank Finneran gives all guests a book that says "Welcome to the Olympic!" It might better have been headlined, "Welcome to the Olympics," for besides the usual hotel information offered by that Seattle hostelry, there is a full page on sports, spectator and participant. A jogging course is threaded through Freeway Park and downtown Seattle. Arrangements can be made for tennis, squash, racquetball, and handball.

New York's handsome UN Plaza Hotel, operated by Hyatt and owned by the UN, was built with a tennis court on the 39th floor and a swimming pool on the 27th floor. While I looked at the elegant Continental Hotel in Munich the other day, an inn resplendent with tapestries and antiques, a Munich tourist official apologized because there was no pool on the premises. The Bayerischer



On the Paul Dudley White path, Charles River, Boston—"Businessmen are secret jocks."

Hof has a pool with a peel-back roof, and there are pools and exercise rooms in the Munich Hilton, Sheraton, and the Arabella across the street. In Düsseldorf the glass sides of the Hilton's pool enclosure slide open to the greensward; the room-service waiter brings lunch, and if a sunburn is missing one has only to descend a flight of steps to the solarium where new tanning machines will coat the whole body in cosmetic health.

Hilton's program in Kuwait is called "Run for Your Life," which doesn't mean the Arabs are restless. It is a come-on for a new fitness program that provides a rowing machine, weight lifting, bicycle exerciser, and sauna. The management has put in bowling breakfasts (eat your Wheaties and bowl a strike) and bowling lunches. The swimming pool is provided with air-conditioned cabanas. Eyeballs can be exercised by watching a choice of two video films a day shown in the cabanas. Kuwait also has an eight-day diet that starts out with orange juice for breakfast and steaks for lunch and dinner; by the fourth day all you get are 10 hard-boiled eggs.

Even airport hotels, where the guest's time would seem to be limited, try to keep guests fit between planes. The Steam Package at the Hyatt Regency at O'Hare lets the pep-up people loose on the exercise bicycles, the weights, slant board, sun room, and sauna. What's more, you get the use of a sweat suit and a session in the steambath all for \$7 a day. This package—sorry Gloria, Betty, Kate, et al.—is for men only, and chances are they'll be too pooped to close the order. The Oak Brook Hyatt House, 15 minutes from O'Hare, has two pools and separate hours for men and women.

The Hilton at Montreal's airport has spent \$400,000 enclosing the swimming pool—it got a little breezy swimming up there in the winter—and building a *balneum*. Aside from the pool, and the terrace which has also been enclosed, this Roman circus has a physiotherapist on hand supervising the whirlpool, sauna, steam room, and meat pounding.

Up in Boston the Sheraton people have been preparing maps for use on the Paul Dudley White bicycle-jogging path, named for the heart specialist who treated President Eisenhower and who was a great proponent of exercise. Nine Sheratons have mapped out jogging courses, but the company likes to point out that any guest can follow in the footsteps of Bill Rodgers, the three-time winner of the Boston Marathon.

In Syracuse, the Marriott, with its own indoor-outdoor pool just off the lobby, has mapped out an Executive Mile. The new 1,200-room Marriott in Chicago has four platform tennis courts on the ninth floor. The company has also hired the former New York Giants linebacker, Sam Huff, as the in-house exercise master. Huff issues pronouncements on the glory of being fit. He also designs the health clubs and work-out rooms. Nobody can fink out just because they forgot their gym clothes. The Marriott hotels have them for sale, and provide free fruit juice, eggs, and yogurt.

The programs have proved so successful, particularly the 7 AM morning runs, that some of the hotel employees have joined in the trot. If you're having trouble getting room service, chances are your floor waiter is running around the parking lot getting healthy.

—Horace Sutton